Date: 06 October 2025

St Mary's Hospital Imaging Department CT 3rd Floor QEQM Wing Praed Street London

W21NY

Tel: 020 3312 2326

MR SADIQ SADAH 176 Carr Road Northolt Middx UB5 4RF

Dear MR SADAH

An appointment has been made for you to attend, St Mary's Hospital, Imaging Department CT, 3rd Floor QEQM Wing, for CT Sinuses

Hospital : St Mary's Hospital

Examination: CT Sinuses

Appointment Date: Monday 13 October 2025

Arrival Time: 16:00 Appointment Time: 16:15

Please bring this letter with you and report to the reception desk on arrival.

Please note the arrival time required for this appointment. This is to allow preparation for your examination. If you are late, your appointment may have to be rebooked.

If you are unable to keep this appointment please telephone the department on **020 3312 2326** as soon as possible to rearrange or cancel as your appointment can be offered to another patient.

If you do not attend and have not notified the department in advance, a further appointment will not be made unless a new request form is received from your referring doctor. Your referring doctor will be notified of your non-attendance. Failing to attend appointments costs the NHS an average £160 per patient.

Some of our transport patients with late week day, or weekend, appointments have experienced long delays waiting for their return trip home. If you have been given an appointment after 3pm Monday to Friday or at any time on Saturday or Sunday please can you call the number at the top of this letter and we will rebook your appointment to a more suitable time in order to avoid these delays.

If your appointment is at St Mary's Hospital, please note that this is a Major Trauma Centre and on rare occasions your appointment maybe delayed or cancelled as a result of an emergency. Please note we cannot provide childcare facilities in the department. If you attend with children under the age of 16, you will not be able to have your scan / x-ray and will need to come back on a day when you have arranged childcare.

PREPARATION FOR YOUR EXAM

- There is no special preparation required.
- You can eat and drink normally.

Hosp No: 30650867 NHS No: 6303096786 Exam ID: **14426927**

- During the scan you will lie on the couch which will move through the scanner. Scans normally take less than 10 minutes, however you may be in the department for up to an hour. In certain circumstances it may be necessary to administer an intravenous injection to produce more detailed images.
- Please contact 020 3312 2326 if you are allergic to iodine.
- If you are diabetic and are prescribed METFORMIN or INSULIN please contact us 020 3312 6245.

The CT scan uses radiation to take images of the inside of your body. Exposure to radiation carries an additional risk of developing cancer at a later stage (years to decades). CT scans carry a risk between 1 in 1,000 to 1 in 10,000 which is considered low. This can be compared to the natural lifetime risk of developing cancer which is 1 in 3. Your doctor has concluded that the benefits of having a CT exam greatly outweigh any risk associated with radiation dose.

Office Code: CT Norm S

HOW TO FIND US

Car Parking is extremely difficult near the hospital. We recommend that you use public transport, take a taxi, or ask a friend or relative to drop you at the hospital. St. Mary's is served by bus routes 6, 7, 15, 16, 18, 23, 27, 36, 98 and 205. Paddington Mainline station and Paddington and Edgware Road Underground stations are about 5 minutes walk away.

Yours sincerely Booking Clerk

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Imaging department

Information about your appointment

- We will endeavour to call you 24 48 hours before your appointment, to check that you can attend your appointment as planned. If you have any questions about coming into the hospital we will do our very best to reassure you.
- If you are coming in for an outpatient imaging appointment, you are welcome to have someone with you in the waiting room. They may not be permitted to join you in the examination room.
- We are unable to supervise children during scans or procedures

As always, for anyone coming in to our hospitals:

- If you have any symptoms of respiratory illnesses such as flu or Covid-19 and are unable to attend your scheduled appointment, please get in touch to let us know. We will rebook your appointment for you, so you can attend when you are feeling better.
- Use hand sanitiser or wash your hands as you enter the hospital and when entering or leaving any department
- Follow any local infection prevention and control measures, as advised by staff and signage.

You are always welcome to wear a mask if you wish to do so, even where it is no longer a requirement



What happens if I have not followed the preparation instructions given in the appointment letter?

If the required preparation has not been followed, we will have to rebook your appointment for another date.

What happens if I arrive late for my appointment?

It is very likely that your appointment will need to be rebooked for another day.

Changing or cancelling your appointment

It is important you are able to attend your appointment. If you need to change or cancel your appointment, please ring the department number in your appointment letter as soon as possible.

St. Mary's Hospital

Imperial College Healthcare **NHS**

